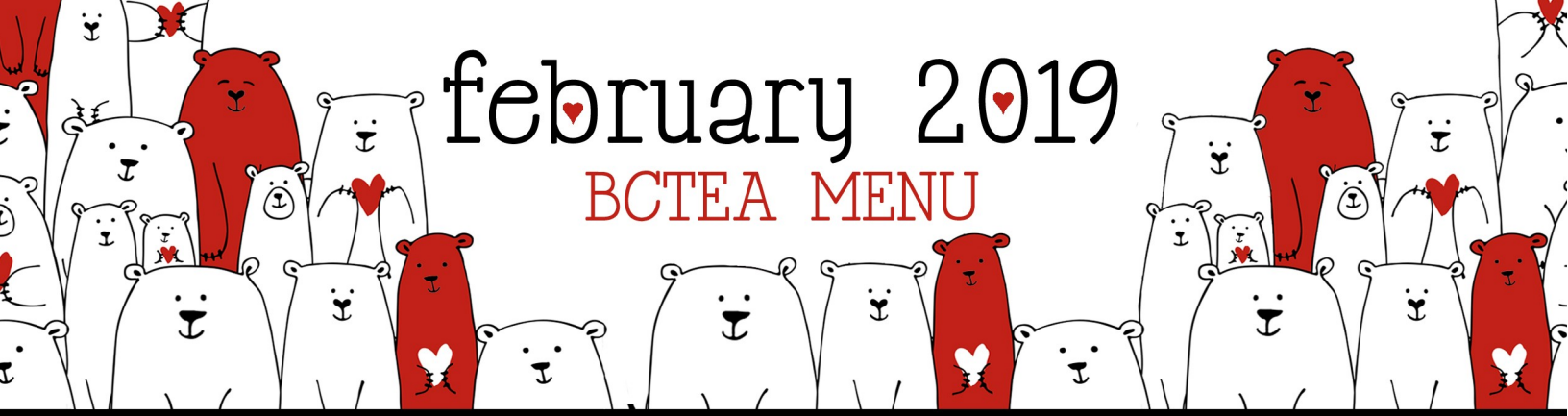


february 2019

BCTEA MENU



BREAKFAST: Student: \$ 1.25 • Reduced: \$ 0.30 • Adult: a la carte **LUNCH:** Student: \$ 3.05 • Reduced: \$ 0.40 • Adult: \$3.75

BREAKFAST: Toast & cereal offered daily. Includes choice of milk **LUNCH:** Includes entree, vegetable and/ or fruit and choice of milk

<p>4 BREAKFAST French Toast w/ Sausage OR Chocolate Filled Crescent Craisins, Fruit Juice LUNCH Swt/Sour Chicken w/Teriyaki Rice & Roll OR Hot/Spicy Chicken Sandwich OR Strawberry Yogurt Parfait OR Turkey/Ham/Swiss Sub Steamed Broccoli Sweet Potato Fries Applesauce Fruit Juice</p>	<p>5 BREAKFAST Breakfast Pizza OR Muffin & Cereal On the Go Raisels, Fruit Juice LUNCH Hamburger/Cheeseburger OR Chili Frito Pie OR Crispy Chicken Salad w/Wheat Roll OR Turkey Club Wrap French Fries California Blend Seasonal Fruit Fruit Juice</p>	<p>6 BREAKFAST Cinnamon Roll & String Cheese OR Yogurt Cup & Grahams Craisins, Fruit Juice LUNCH Popcorn Chicken OR Chef Salad w/ Turkey/Ham & Cheese Wheat Roll OR * 4 Meat Pizza/ Cheese Pizza OR Fruit/Cheese Plate Mashed Potatoes Mixed Vegetables Tossed Salad Mandarin Oranges Fruit Juice</p>	<p>7 BREAKFAST *EggStravangza & Biscuit w/Gravy OR Mini Confetti Pancakes Raisels, Fruit Juice LUNCH *Pepperoni Calzone/ Cheese Calzone OR Macaroni & Cheese w/Wheat Roll OR Chicken Caesar Salad w/ Wheat Roll OR Italian Sub Sandwich Green Beans Bahama Veg Blend Seasonal Fruit Fruit Juice</p>	<p>8 BREAKFAST Waffles w/ Strawberries & Cream OR Cereal On the Go & Cheese Stick Craisins, Fruit Juice LUNCH Pepperoni Pizza Cheese Pizza OR Cheese Enchilada w/Mexican Rice OR Buffalo Chicken Wrap OR Blueberry Yogurt Parfait Corn, Baby Carrots Ranch Beans Pineapple Fruit Juice</p>
<p>11 BREAKFAST Dutch Waffle OR Mini Pancakes Craisins Fruit Juice LUNCH Beef/Cheese Nachos OR Crispy Chicken Sandwich OR Strawberry Yogurt Parfait OR Club Sub Sandwich Sweet Potato Fries Refried Beans Celery Sticks Peach Fruit Pop Fruit Juice</p>	<p>12 BREAKFAST Breakfast on a Stick OR PopTart & Cereal On the Go Raisels, Fruit Juice LUNCH Hamburger/Cheeseburger OR Chicken Spaghetti w/Wheat Roll OR Buffalo Chicken Salad w/Wheat Roll OR Blueberry Yogurt Parfait Green Beans French Fries Seasonal Fruit Fruit Juice</p>	<p>13 BREAKFAST Glazed Donut & String Cheese OR Cinnamon CoffeeCake Craisins, Fruit Juice LUNCH Chicken Nuggets OR Steak Fingers OR Chicken Fajita Salad Wheat Roll OR Ham/Cheese Sub Sandwich Mashed Potatoes w/Cream Gravy Bean/Carrot Medley Seasonal Fruit Fruit Juice</p>	<p>14 BREAKFAST Pancakes w/ Scrambled Eggs OR Baked Muffin Raisels, Fruit Juice LUNCH Bean/Cheese Burrito w/Mexican Rice OR Hot/Spicy Chicken Sandwich OR Chef Salad w/Turkey & Ham w/Wheat Roll OR Mandarin Orange Yogurt Parfait Pacific Veg Blend French Fries Strawberry Cup Fruit Juice <i>Valentine Treat</i></p>	<p>15 BREAKFAST Sausage & Biscuit w/Cream Gravy OR Mini Cinnis Craisins, Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Fish Nuggets w/Hushpuppies OR Chicken Caesar Salad w/Wheat Roll OR Italian Sub Sandwich Broccoli Bake Whole Kernel Corn Sliced Pears Fruit Juice</p>

Whole fruit served daily

*Contains Pork

Menu Subject to change

february 2019

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BREAKFAST: Toast & cereal offered daily. Includes choice of milk

LUNCH: Includes entree, vegetable and/ or fruit and choice of milk

<p>18</p> <p style="text-align: center;"><i>No School Student Holiday</i></p>	<p>19 BREAKFAST Breakfast on a Stick OR PopTart & Cereal On the Go Raisels Fruit Juice LUNCH Hamburger Cheeseburger OR Chicken Alfredo w/Wheat Roll OR Buffalo Chicken Wrap OR Strawberry Yogurt Parfait California Blend French Fries Mandarin Oranges Fruit Juice</p>	<p>20 BREAKFAST Cinnamon Roll & String Cheese OR Bagel w/Strawberry Cream Cheese Craisins, Fruit Juice LUNCH Chicken Tenders OR Chicken Fried Steak OR Chef Salad w/ Turkey & Ham Wheat Roll OR Chicken Caesar Wrap Mashed Potatoes w/Cream Gravy Veg. Baked Beans Chili Lime Cucumbers Seasonal Fruit, Fruit Juice</p>	<p>21 BREAKFAST French Toast & Sausage Patty OR Yogurt Cup & Grahams Raisels Fruit Juice LUNCH Spaghetti w/ Meat Sauce OR Breaded Chicken OR Buffalo Chicken Salad Wheat Roll OR Turkey Club Wrap Whole Kernel Corn Sweet Potato Fries Garden Salad Strawberry Cup Fruit Juice</p>	<p>22 BREAKFAST Breakfast Taco OR Mini Confetti Pancakes Craisins Fruit Juice LUNCH Pepperoni Pizza/ Cheese Pizza OR Fiesta Salad w/ Corn Chips & Rice OR Blueberry Yogurt Parfait OR Italian Sub Sandwich Steamed Broccoli Sidewinder Fries Baby Carrots Pineapple w/Kiwi Fruit Juice</p>
<p>25 BREAKFAST Breakfast Pizza OR Chocolate Filled Crescent Craisins, Fruit Juice LUNCH Shrimp Poppers & Fish Nuggets w/Hushpuppies OR Fiestada Pizza OR Chicken Caesar Wrap OR Fruit & Cheese Plate French Fries Ranch Beans Cherry Tomatoes Seasonal Fruit Fruit Juice</p>	<p>26 BREAKFAST Sunrise Smoothie and Grahams OR PopTart & Cereal On the Go Raisels, Fruit Juice LUNCH Tangerine Chicken w/Teriyaki Rice OR Buffalo Chicken Salad Wheat Roll OR BBQ Beef Sandwich OR Turkey/Cheese Wrap Green Beans Sweet Potato Fries Sliced Pears Fruit Juice</p>	<p>27 BREAKFAST Glazed Donut & String Cheese OR Mini Cinnis Craisins, Fruit Juice LUNCH Roasted Turkey OR Crispy Chicken Salad Wheat Roll OR *4 Meat Pizza/ Cheese Pizza OR Strawberry Yogurt Parfait Mashed Potatoes w/Cream Gravy Whole Kernel Corn Seasonal Fruit Fruit Juice</p>	<p>28 BREAKFAST Sausage Rolls OR Mini Pancakes Raisels Fruit Juice <i>Early Release</i> LUNCH Crispy Chicken Sandwich French Fries Baby Carrots Applesauce Cup Fruit Juice</p>	<p>1 BREAKFAST Pancake & Bacon Slices OR Mini Waffles Craisins, Fruit Juice <i>Early Release</i> LUNCH Hamburger/ Cheeseburger Baked Chips Baby Carrots Celery Sticks Peach Cup Fruit Juice</p>

Whole fruit served daily

*Contains Pork

Menu Subject to change



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